

## **FLUORIDE/SODIUM WATER SAMPLE INSTRUCTIONS**

Checking the natural occurring fluoride level of water from a private well is important to the parents and dentist or pediatrician because the level of natural fluoride can vary from one well to another. The natural fluoride level is used as a guide in determining the need for supplemental fluoride prescriptions for the reduction of dental decay. Also, this information is important to the Oral Health Division of the State Department of Health in compiling a natural fluoride profile of rural water wells in Indiana.

### **Instructions**

1. Fill the plastic water bottle.
2. Make sure the cap will not leak.
3. Please complete the enclosed analysis request for (Chemical Examination of Water) with the following data:
  - a. Place your name and address in the “Fill In this Space” box on the left side of the form.
  - b. Place your dentist or pediatrician’s name and address in the “Also, mail copy of report to:” box on the right side of the form.
  - c. Please write any known information concerning the physical characteristics of the well under remarks (e.g. well depth).
4. Mail the water sample and analysis request form in the mailing container provided.
4. Results will not be valid if sample is over 28 days at the time of analysis, therefore, samples should be mailed as possible after collection.